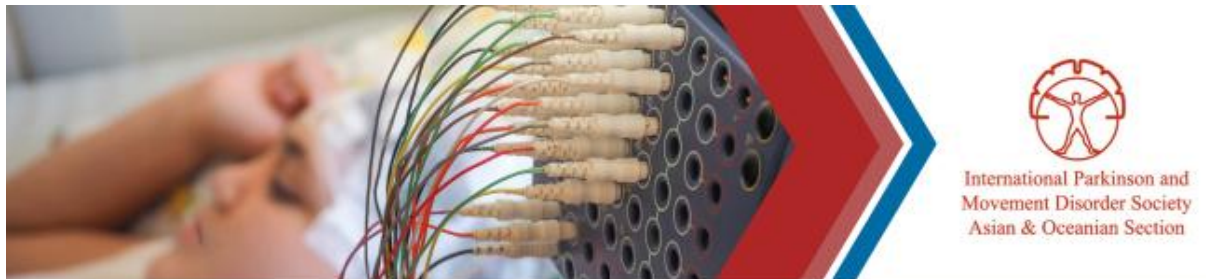


MDS-AOS Dysautonomia and Sleep in Movement Disorders Online Course

DAY 1: Friday, December 11, 2026 17:00 – 20:45 GST	
TIME	ACTIVITY
17:00 – 17:05	Welcome & Opening Remarks
17:05 – 17:30	My patient feels dizzy when they stand up: a step-by-step clinical approach to orthostatic hypotension
17:30 – 17:55	Treating orthostatic hypotension in Parkinson's: what to do first, second, and when drugs are unavoidable
17:55 – 18:20	Is this Parkinson's or MSA? Using autonomic features to guide your diagnosis
18:20 – 18:35	Interactive Q&A Panel Discussion (Block 1)
18:35 – 18:50	Break
18:50 – 19:15	Bladder, drooling and sweating problems in Parkinson's: how to ask, what to do
19:15 – 19:40	My patient's medications aren't working: could the gut be to blame? Gastroparesis and constipation in Parkinsonism
19:40 – 20:05	Autonomic testing in clinical practice: which tests are worth ordering and how to interpret them
20:05 – 20:30	Future directions in the treatment of dysautonomia: what's in the pipeline and what's almost here
20:30 – 20:45	Interactive Q&A Panel Discussion (Block 2)
20:45	Close of Day 1



MDS-AOS Dysautonomia and Sleep in Movement Disorders Online Course

DAY 2: Saturday, December 12, 2026 17:00 – 20:40 GST	
TIME	ACTIVITY
17:00 – 17:25	Summary of dysautonomia: what we have learnt so far
17:25 – 17:50	Understanding sleep and overview of sleep disorders in Parkinson's: what every movement disorder clinician needs to know
17:50 – 18:15	Managing insomnia and daytime sleepiness in Parkinson's: time to wake up!
18:15 – 18:40	My patient acts out their dreams at night: how to diagnose and counsel REM sleep behavior disorder, and hallucinations
18:40 – 18:55	Interactive Q&A Panel Discussion (Block 1)
18:55 – 19:10	Break
19:10 – 19:35	The silent burden: unrecognized pain throughout the day and night in PD
19:35 – 20:00	Restless legs syndrome, periodic limb movements and pain: recognizing a treatable cause of insomnia in your clinic
20:00 – 20:25	Getting the dose right at night: the good, the bad, and how to adjust night-time dosing in Parkinson's
20:25 – 20:40	Interactive Q&A Panel Discussion (Block 2)
20:40	Closing Remarks & Adjournment